

Editorial

The importance of our newsletter cannot be overstated. It has kept the Club together with news, results and pictures during the repositioning of the Club back to Ivanhoe. We rebuilt our mailing list in 2014 to advertise and promote the 100 year dinner. Our circulation list has been steady at about 300 families since that time.

Cursus has been the lifeblood of our communication and has always been an important Club asset, very necessary when we do not have a formal clubroom. A public thankyou to David Burke who has been my “right-hand man” during this long period, his contribution to the Club has been exceptional. He has managed the formatting and photos with a great skill that I have relied upon with every edition....many thanks David.

Cross Country season is approaching quickly with our 6km Handicap race now scheduled for Saturday morning 18th April. We have been marketing strongly to various secondary schools in the area in the hope of securing some new talent for the team. The full cross country program is attached below. As usual we include the AGSV events (in red) to assist with planning for our IGS and Trinity members. AV events shown in black and various other events also shown (in green).

Membership Renewal

April is the start of our new year for memberships both from our loyal non-competing former athletes and our current competing athletes. We have kept our Club joining fee at \$40.00, both junior and senior, substantially undercutting the market.

Our non-competing members can renew their membership directly with the club by crediting the club bank account with \$40.00 and noting your

surname. Hope to see your great support continue and my old teammates rejoin to stay in touch.

Account number details as follows – BSB: 633 000
Account number: 140670480

Competing members, both new and renewing should join via the Athletics Victoria portal, follow the prompts and select the category required. Attached below are the new pricing arrangements which do not include our Club fee. The Club fee of \$40.00 is added during the registration process. For explanation purposes, the AVSL Package represents summer comp, the XCR Package represents winter comp and the Max Package covers full annual competition.



2026 – 27 MEMBERSHIPS	
MEMBERSHIP TYPE	PRICE
BASE MEMBERSHIP - OPEN	\$195
BASE MEMBERSHIP - JUNIOR	\$160
DUAL BASE MEMBERSHIP	\$80
DUAL AVSL PACKAGE (NEW)	\$195
AVSL PACKAGE - OPEN	\$335
AVSL PACKAGE - JUNIOR	\$275
XCR PACKAGE - OPEN	\$395
XCR PACKAGE - JUNIOR	\$335
MAX PACKAGE - OPEN	\$455
MAX PACKAGE - JUNIOR	\$395
RECREATIONAL RUNNER	\$13.50

**Dual membership is only available to Juniors that are already a registered member of Little Athletics Victoria.*

Cross Country Program 2026

DATE	SPONSOR	VENUE	EVENT
Sat 18 th April	Ivanhoe Harriers	Eaglemont Tennis Court Car Park	6km All comers handicap (8.30am)
Wed 22 nd April	AGSV (R1)	Marcellin/Trinity Fields	AGSV Round 1, 4.30pm
Sun 26 th April	Fun Run	Ballarat	Ballarat Marathon
Sat 2 nd May	Aths Vic	Princes Park	All Schools Road Relays
Sat 10 th May	AV (R1)	Albert Park, Lakeside	5km Road
Sat 16 th May	AGSV (R2)	PEGS Fields Keilor Park	PEGS AGSV Cross Country
Sat 16 th May	AV (R2)	Jells Park, Wheelers Hill	Cross Country Relays
Sat 23 rd May	Aths Vic	Jells Park, Wheelers Hill	All Schools CC Relays (10am)
Sat 30 th May	AV (R3)	St Annes Winery, Bendigo	8km Cross Country
Sat 30 th May	AGSV (R3)	Cruden Farm, Langwarrin	Peninsula Grammar. (9.00am)
Sat 13 th June	AGSV (R4)	Yarra Bend	Camberwell Grammar (9.00am)
Sat 13 th June	AV (R4)	Cruden Farm, Langwarrin, Cranbourne/Frankson Rd	12km Cross Country
Sat 20 th June	Aths Vic	Bundoora Park	All Schools CC Championships
Sat 28 th June	AV (R5)	Calder Park Raceway	Road Relay Championships
Sat 11 th July	AV (R6)	Bundoora Park	10km CC Champs (Open, U20)
Sat 18 th July	AGSV (R5)	Braeside Park	Mentone Grammar. (9.00am)
Sat 25 th July	AGSV (R6)	Banyule Flats	Ivanhoe/Trinity
Sun 26 th July	AV (R7)	Albert Park, Lakeside 10	10km Road Championship
Sun 9 th Aug	AV (R8)	Lake Wendouree, Ballarat	Half Marathon & 6km Champs
Fri 21 st Aug	Rep Sport v APS		APS Host
Sun 6 th Sept	AV (R9)	Kevin Bartlett Reserve, Yarra Bvd, Burnley	4km & 15km Road
Sat 12 th Sept	AV (R10)	The Tan Track	Club Relays 6x3.8km
Sun 11 th Oct	Fun Run	Albert Park, Lakeside	Melbourne Marathon

Black Text Ivanhoe Harriers organised event
 Black Text Athletics Victoria XCR
 Red Text All Schools incl AGSV
 Green Text Various other events

Competition Results

Victorian Masters Championships – Doncaster

Saturday, 14th March 2026

Some great news for Glen Nicholson at the Victorian Masters State Championships on Saturday, 14th March 2026.

Glen won the long jump in the 35-39 age group with an excellent jump of 6.37m.

This caps off a great end to the season as Glen also won the National Championships for his age division in Canberra with a jump of 6.11m.

Having been working through a knee injury and not even being sure it would hold up to the jumping, this is a great outcome for Glen and the Club.

Congratulations Glen, you have been a quiet achiever over the years...still some spring in those old legs yet!!



5k Frenzy – Bendigo

Saturday, 14th March 2026

Jamie and Owen journeyed up the road to Bendigo to have a crack at the 5k Frenzy.

Both of the boys performed really well with Owen recording a 14:38.92 just ahead of Jamie, 14:46.88.

Well done guys and a nice note from Brenton reporting the live stream commentary from Andy Buchanan as follows... “How good to see the 2 Ivanhoe singlets out there, one of the best looking singlets going around” we all agree with that!!



Correspondence

Received a nice note from Bruce Meakin after we posted a bit of history in the last Edition of Cursus from 1979. They certainly were great days and the McDougall Relay was a fantastic event.

It's a great pity that those events were overtaken by regulations and traffic etc.

Thanks Bruce for your kind words, see Bruce's note below:

Hi Jeff,

Thanks for my honorary mention in your recent edition of Cursus.

I had completely forgotten that Harriers poem I composed and your response to it. We certainly had some great Cross-country seasons way back then that were approached with a lot of enthusiasm by our boys.

For the mentioned annual McDougall Relay, Noel Burrows played a large part in its organisation. This

involved use of the Arthurs Creek hall for the post-race afternoon tea and getting permission from his neighbours to run the course through their properties. I have very fond memories of those times competing for the club and us producing the CC Cursus in the Franklin Rosanna household (Joan included). Incidentally, I turned 80 back in January. Time rolls on! All the best to the club for the 2026 Cross-country season.

Cheers
Bruce Meakin.

Then this lovely note received from Noel Burrows. Thanks Noel, hope you are doing well, really appreciate your continued involvement and contribution to Cursus.

Hi Jeff

After reading the Ode in last Cursus I was reminded of a 1957 CC adventure on the then Queen's Birthday weekend. This was the first time the HOE had competed in these events.

As this weekend is approaching some comments might amuse and encourage. I don't know if the same two races are held over the coming King's Birthday long weekend. Putting fingers to the keyboard and severe jag to the memory box the story below might urge on our current CC crew, pointing out that we can be a tough and hardy lot.

Memories of an Old Timer

A single team of six guys led by Geoff Legge, Peter Carter, Nick Hoogenraad, Henry Bluzjtan, Jim Tarr and yours truly. Team members verified by Peter and Nick. Not a car between us so a bit of planning needed with all meeting very early at Spencer Street Station on the Saturday with a variety of camping gear including a big tent. Onto the first train (about 7:00am) to Ballarat, then the historic tram to its terminus near Lake Wendouree; we must have looked a sight lugging the camping gear. From there we went by foot to Perry Park where someone had heard we might get away with camping there. Looked a good spot so up went the tent very quickly, stowed everything inside and headed off to find the racecourse so to be early enough to find out a bit about the race The Charles Suffren. Little did we know we would be 'suffren' by the time we left the racecourse.

When we arrived we were informed about the route, mainly dirt road and the finish about half a lap of the racecourse. We were told it had just been mown, plus there would be hot showers when we finished, more on that later.

About this time there was a distinct shift in the weather with dark clouds and gentle wind. Five minutes into the race we had rain, sleet, hail and at the turn around, flurries of snow. Needless to say we were getting pretty dirty from the wet slippery dirt road. Everyone was looking to exit the road and onto the grass track; it couldn't come quickly enough! But! Be careful what you wish for. The grass cuttings tended to be kicked up by runners and stuck on you everywhere.

As the finish approached everyone was dreaming of a nice hot shower to get clean plus warmed after being frozen. Alas, no such thing as hot showers, the howls of dismay from all the competitors were probably heard in Ballarat!

No choice, the bare essentials only in the freezing cold shower. The only positives were a shiny skin glow plus Geoff had finished in the top five.

Sunday we awoke to frost, had a fire going quickly, a couple of us had really sore backs either from the night chill or sleeping on the ground so heating our backs at the fire was paramount.

Four of us decided to go for a jog with the objective of catching the tram to town then walk/jog to Eureka Stockade. Imagine our dismay when we returned to camp to find one of our team had departed for home saying he wasn't feeling too good.

The Monday relay with only five runners started well, Geoff leading our division pack, with the end of lap 5 in sight and we were still up the front, what to do now?

Geoff volunteered to run again and he finished well, putting us clearly in first place, however we were naturally disqualified. A moral victory for the five of us as we knew our selected number six would have still put us in first had he not departed. In the next year we crammed six of us into one car and made the trip up and back each day.

In 2024 I bumped into a Ballarat Harrier at the CC in Jells Park and as we talked the racecourse showers story surfaced and he burst out laughing saying "nothing has changed believe me".

Noel Burrows

Perpetual Trophies

The Club has an excellent and quite historic collection of Perpetual Trophies. These trophies have, in many cases, been gifted in the past from loyal donors, Club sponsors and in some cases purchased directly by the Club. Our oldest trophy available is the St James Ivanhoe Trophy which was first awarded in 1937 to Ken Robertson. The trophy is awarded to the "Most improved track athlete in Club Competition", last season the winner was Nick Dempsey. It's amazing to think, it's 89 years since Ken won this coveted award for the first time and it is still going.

It is important for our newer members to note that Perpetual Trophies are awarded by Committee to recognise effort, excellence and contribution to the Club in sanctioned Club competition. To be considered for a Perpetual Trophy, athletes must have competed in a minimum of 50% of the available club sanctioned competitions during either the summer or winter seasons. This requirement has been honoured over the years to ensure that Club trophies were awarded, not only for excellence, but also reliable service to the Club.

Club competition does not include the many and varied events on the social running calendar such as Milers Club, Fun Runs eg Puffing Billy, Marathons, City to Surf, etc etc. Whilst we love to see our members participate in the many offerings in the market, Club Perpetual Trophies were developed for athletes supporting the Club in Club competition.

Cursus Editor: Jeff Franklin
Production: David Burke



IVANHOE HARRIERS ATHLETIC CLUB

ANNUAL 6KM FUN RUN

HANDICAP STARTS FOR ALL COMERS

MAIN YARRA TRAIL

SATURDAY 18 APRIL 2026

REGISTRATION: 8.30 AM
RUN START: 9.30 AM

REGISTRATION RUN START RUN FINISH → EAGLEMONT TENNIS CLUB CARPARK
THE BOULEVARD, IVANHOE EAST 3079

FREE ENTRY & FINISH LINE BBQ

TEENS TO OVER 50'S + ALL WELCOME + BEGINNERS TO ELITE

ENQUIRIES: info@ivanhoeharriers.org.au



Bendigo Bank

Miles

EST. 1924



FOODWORKS
EAST IVANHOE

